

1914

Up until 1913, people with mental ill-health were often put into the Aylesbury workhouse as a place of safety. In 1914, there were over 100,000 patients within over 100 mental institutions around the UK. The **Buckinghamshire Association for the Care of the 'Mentally Defective'** was formed to help those with mental health issues through home visits and education.

1953

The First Evening Social Club opened at the Bierton Hill Centre

1974

Older Adults' Service opened in Prestwood and Chesham

2005

Befriending service secured long-term funding

2016

Took over management of peer support services **Mind the Gap**, in Buckinghamshire, and **Friends in Need**, in East Berkshire.

Recruited the first 'embedded' support worker at The Whiteleaf Centre, in partnership with Oxford Health NHS Foundation Trust.

Peer Support in Schools service launched

2024

The charity celebrates 110 years. Buckinghamshire Mind supports 9,130 people. 70 staff and 218 volunteers deliver a wide range of services across Bucks and East Berkshire. In addition, over 800 young people give their time as peer mentors in 52 schools.

Gateway Community Navigators service launched, in partnership with Oxford Health NHS Foundation Trust

2020

Rapid growth and adaptation in response to **Covid-19 pandemic**

Community Connectors service launched in East Berkshire

1928

By December, **69 representatives** from the charity visited people with mental ill-health at home

1972

Name changed to **The Buckinghamshire Association for Mental Health (BAMH)**

1988

Wycombe and District BAMH Group was established, later to become an independent charity, Wycombe Mind, in 1990

2014

The charity celebrates 100 years. 35 staff and 100 volunteers deliver 16 support groups per week and counselling services

2018

Safe Haven (crisis support) launched in partnership with Oxford Health NHS Foundation Trust
Turnover passes **£1million p.a.**

2022

The Mind Quality Mark awarded, recognising the 'effectiveness' of our 'comprehensive' services



1948

The Association changed its name to **Bucks Association for Mental Welfare** and provided services for patients experiencing mental illness

1973

Supported Homes opened in Aylesbury, Booker, Buckingham, Chesham, High Wycombe and Wendover

1990

Wycombe Counselling Service opened in July with a team of twelve trained volunteer counsellors

2015

Education and Training Services launched

2019

Queen's Award for Voluntary Service awarded



2023

'Highly Commended' in the Leadership category of the Mind Network Excellence Awards

Counselling for Young People service launched

Mental Health Safety Planning service launched in East Berkshire

Turnover passes **£2million p.a.**

1920

Annual turnover for the charity's Central Fund was **£152, 10s 4d**, equivalent to approx £5,700 in today's money

1971

The **'71 Club'** in Aylesbury was the first drop-in club for the 'lonely and depressed' and encouraged a broad and non-specific membership

1983

Windmills Club opened at St Mary's Church in Aylesbury. This Club was the predecessor to **Wings**, which is still going strong in Aylesbury in 2024.

2006

Affiliated to National Mind and became part of a Federation of Local Minds. **Buckinghamshire Mind** used as our trading name



2017

Bucks Mind Guide online directory of mental health service launched

2021

Mind in Berkshire partnership with Oxfordshire Mind established

